



In the name of Allah Most Gracious and Most Merciful

All praises are due to **Allah**. I testify that there is nothing worthy of worship except **Allah** the uniquely One, who has no partners in **His** one-ness.

And I testify that the Prophet **Muhammad** is the slave of **Allah** and **His** Messenger.

O Servants of **Allah!** **Allah** says in the **Qur'an** in **Surah Yunus** and **Surah Rum**:

“Indeed, in the alternation of the night and the day and [in] what Allah has created in the heavens and the earth are signs for a people who fear Allah.” (S.10 V.6)

“So exalted is Allah when you reach the evening and when you reach the morning.” “And to Him is [due all] praise throughout the heavens and the earth. And [exalted is He] at night and when you are at noon.” (S.30 V.17–18)

There is encouragement from **Allah** to **His** slaves to engage themselves in glorifying **Allah** through **Tasbih** and to praise **Him** for **His** complete authority. So **Tasbih** is to affirm **His** ultimate transcendence whilst praising **Him** in **His** glory. Hence, we praise **Him** with **Tasbih** with the entering of the evening, as light becomes darkness and as movement becomes rest. And we praise **Him** with **Tasbih** in the morning, for that is when light dawns and when the pulse of life quickens. It is these times wherein true minds and hearts testify that no one is able to bring about such creation except its True Creator. So, the **Tasbih** is a type of meditation, a way of reflecting on the immensity of our **Lord** and glorifying **Him**, as **Allah** mentions the believers reflecting on the glory of **Allah** and saying in the **Qur'an** in **Surah Al-i-Imraan**:

“...Our Lord, You did not create this aimlessly; gloriously exalted are You [above such a thing]. ...” (S.3 V.191)

So truly gloriously exalted is **Allah**, the One who is glorified and exalted by all of creation who sanctify and praise **Him**. **Allah** says in the **Qur'an** in **Surah Al-Israa**:

“...And there is not a thing except that it exalts [Allah] by His praise, but you do not understand their [way of] exalting. Indeed, He is ever Forbearing and Forgiving.” (S. 17 V.44)

And praise be to **Allah** who is glorified by the Heavens and the Earth, including the birds as they traverse the skies expanding their wings. **Allah** says in the **Qur'an** in **Surah An-Nur**:

“Do you not see that Allah is exalted by whomever is within the heavens and the earth and [by] the birds with wings spread [in flight]? Each [of them] has known his [means of] prayer and exalting [Him]” (S.24 V.41)

Indeed, **Allah** has advised the Prophet **SAW** that he should do the **Tasbih** of **Allah** in both the day and night.

Allah says in the **Qur'an** in **Surah Taa-Haa**:

“...And exalt [Allah] with praise of your Lord before the rising of the sun and before its setting; and during periods of the night [exalt Him] and at the ends of the day, that you may be satisfied.” (S.20 V.130)

The Prophet **SAW** used to frequently say the words: “Glorified be **Allah** and to **Him** is all praise.” [Muslim] Similarly, **Allah** has commanded the believers to engage in **Tasbih** by saying in the **Qur'an** in **Surah Ahzab**:

“O you who have believed, remember Allah with much remembrance.” “And exalt [i.e. make Tasbih of] Him morning and afternoon.” (S.33 V.41–42)



Indeed, the words of **Tasbih** are from the most beloved of words to **Allah**. The Prophet **SAW** said: “The words anyone has chosen for His Angels: ‘Subhan Allah wa bihamdihi (Glory to Allah and to Him is all praise)’ say it three times.” [Ahmad] The act of **Tasbih** also increases goodness and raises degrees. The Prophet **SAW** said: “Whoever says in the morning and in the evening ‘Glory is to **Allah** and with His Praise (Subhan Allah wa bihamdihi)’ a hundred times, none shall bring better than him on the Day of Judgment except one who did the same as him, or increased upon it.” [Muslim] Through **Tasbih** we can also offset and remove difficulties and reveal potential calamities (so we can avoid them).

May the peace and the blessings of **Allah** be upon prophet **Muhammad SAW**, his family and all of his Companions. May **Allah** be pleased with the Rightly Guided **Caliphs: Abu Bakr, Umar, Uthman** and **Ali**, and all those who will follow them in righteousness until the Day of Judgment.

O **Allah!** Bless us with **Your** love. Bless us the love of those **You** love.

O **Allah!** Accept our prayers and all our **ibada**.

O **Allah!** Guide us to the right path and make us of those on whom **You** bestows **Your** mercy.

O **Allah!** Accept all of our good deeds and forgive us for our **sins**.

O **Allah!** Grant safety and security to everyone here in Japan as well as all over the world. **Aamin ya Rabbil Aalamin**.